

# RCC AT CYCLE4CANSA

**Rustenburg/ Sun City** - The 22nd annual Bestmed Cycle4CANSA challenge was held on 24 and 25 August at Sun City International Resort and Casino. The challenge is divided into two main groups; the mountain bike (MTB) races, which took place on Saturday and the road races on Sunday morning. The MTB race was divided into two distances, 25 km and 50km, which took cyclists in one or two loops from the sky train at the entrance of Sun City, past the Valley of Waves, over the Gary Player Golf course, onto dirt tracks next to the Pilanesberg Nature Reserve and finally back to the start. The road race was also divided into three distances; 1km kids ride; 70km ride or the 103km challenge. The 103km challenge has become extremely popular as it is a premier seeding race for the Cape Town Cycle Tour. Both the 70km and 103km started at the Sun City entrance, past the Pilanesberg National Park and Mogwase on President avenue before turning onto the R510 towards Rustenburg. At the Tsitsing four-way crossing the 103km cyclists turned east onto the R556 to pass the Bospoortdam and turn back towards Sun City at the Kanana circle. The 70km cyclists turned west onto the R556 for a straight race back to Sun City. On both days, Rustenburg Cycling Club's (RCC) own Caitlin Thompson made the club proud by clenching podium finishes in both the 25km MTB and the 70km road races.



From left:Vanessa Kleyn, Caitlin Thompson and Monique du Plessis secured a podium finish.

# SPORT CURRIEBEKER 2019

## Griekwas vs Leeus

In Kimberley slaag die Johannesburgers daarin om die Poubloues in 'n spannende *game* 27-26 te klop ou grote. Met hierdie oorwinning eindig die Leeus nou tweede op die *log* en kom ironies genoeg nou weer teen die Griekwas in Johannesburg te staan in die eerste semi-finaal. Die *game* skop Saterdag 31 Augustus af om 14:00 op Ellispark.

## Vrystaat vs WP

In 'n naelkou *rugga game* kry die Vrystaters dit reg om 'n groot agterstand uit te wis en klop die Kapenaars 38-33. Beide spanne het met hardloop-rugby vir baie opwinding gesorg. Die Blikore het durf gewys nadat

hulle teen rustyd 12-26 agter was. Dit is dan vir die eerste keer in twee dekades dat WP nie die semi-finaal haal nie. Die Vrystaters draf Saterdag teen die Haaie in Bloem uit in die tweede half-eindstryd.

## Blou Bulle vs Haaie

Die Haaie klop die Bulle 48-40 in Pretoria en dring sodoende deur na 'n semi-finaal in Bloemfontein waar hulle teen die Vrystaat Cheetahs gaan uitdra. Die Haaie sal hulle verdediging moet opskerp teen die Cheetahs. Die Blou Bulle sal 2019 so gou moontlik wil vergeet en 2020 met nuwe hoop aanpak.

## Nag ou grote...

# WHAT'S NEXT FOR IMPALA RUGBY?

**Rustenburg** – It is the end of the season for the Newrak Impala rugby club after a very successful Golden Cup and a brutal Volcano Cup. The players gave it their all and are already

training for next year's Golden Cup. Be sure to come and support them during their home game against Klerksdorp rugby club on Saturday 7 September for good rugby and a great atmosphere.



# MEET THE PLAYER Brandon de Beer

**Rustenburg** – Brandon de Beer (23), is the hooker in the front row of the scrum for Newrak Impala rugby club.

“The game of rugby, the culture, determination and passion behind the sport creates a unique kind of teamwork,” Brandon said in an interview with *Platinum Weekly*. “This is what initially drew me to rugby.”

Brandon is a student rock engineer and if he's not on the rugby field – he enjoys a round of golf.

His favourite dish is mac-n-cheese – and like most other rugby enthusiasts, he loves rugby and biltong, and spending time with his family, friends and loved ones. “With God at my side – nothing can keep me down.”



Newrak Impala scrum Brandon de Beer.



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